

Recognition and Acute Management of Intrathecal Baclofen Withdrawal



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Introduction

- Intrathecal baclofen is a well-established therapy to reduce spasticity that decreases side effects compared to oral baclofen. ¹⁻²
- Intrathecal baclofen withdrawal is a relatively uncommon but potentially fatal event
- Leading causes of intrathecal baclofen withdrawal include infection and pump failure
- · Presenting symptoms can include:
 - Pruritus, agitation, tachycardia, increased spasticity
 - May progress to seizures, hyperthermia, death³⁻⁴
- Patients presenting with symptoms of intrathecal baclofen withdrawal should be promptly assessed by a

Case Summary

- 38 year-old male w/ ASIAA paraplegia and intrathecal baclofen pump placed in 2017
- Presented to ED with 3 days of intractable itchiness, increased spasticity, and confusion
- Interrogating pump and accessing reservoir confirmed no pump failure and presence of sufficient baclofen
- Attempted CSF aspiration from the side port was unsuccessful, suggesting likely catheter malfunction
- Patient taken to OR where a distal catheter occlusion was found and corrected with pump replacement
- Patient regained baseline muscle tone and mental status over the next 24 hours

Evaluation and Management

- •Work-up should include:
 - 1) Interrogation of pump to assess for possible pump failure
 - 2) Access reservoir to asses for insufficient baclofen supply
 - 3) Aspirate CSF via port to evaluate for catheter malfunction
 - 4) Perform a dye study to confirm proper delivery of baclofen to intrathecal space
- Current management strategies include:
 - High dose benzodiazepines for symptom control
 - Pump and/or catheter replacement as needed
 - Close monitoring with supportive care

Discussion

- In patients with intrathecal baclofen pumps withdrawal is a rare but serious adverse event that can cause severe morbidity including death
- Baclofen pumps are a prevalent treatment tool in rehabilitation medicine
- Physiatrists should know how to recognize and manage withdrawal, especially in settings where other specialists do not commonly encounter this condition
- Patients should be encouraged to follow up regularly to prevent development of insufficient baclofen supply and identify potential pump malfunction early

Intrathecal Baclofen Pump Placement









pump ports and catheter with relative anatomic positioning

· Top left: Schematic of

- Top right: Axial section with proper pump placement
- Bottom Left: Coronal section with proper pump placement

References

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