Predicting and Characterizing the Probability for Continued Opioid Use in the Chronic University of Pittsburg Low Back Pain Population using the novel Network Phenotyping Strategy Method

Ayesha Firdous^{1,} Petr Pancoska², Gwendolyn Sowa³

1. University of Pittsburgh School of Medicine, 2. UPMC Department of Clinical Analytics, 3. UPMC Department of Physical Medicine & Rehabilitation

Pittsburgh



leading causes of disability and chronic pain among adults. Currently, both the rate of CLBP occurrence and the cost of treatment continue to rise. Opioids are commonly used to manage CLBP despite evidence against effectiveness. Given the prevalence of chronic low back pain in the United States and the debilitating effects of opioid dependency, identifying effective non-opioid alternatives for chronic low back pain is a top health care priority.



· There exist several common, non-opioid, treatments for CLBP including physical therapy and epidural spine injection (ESI), and surgery. Unfortunately, the effectiveness of these therapies are variable, due, in part to the heterogeneous nature of CLBP. Presently, the greatest barrier to defining CLBP phenotypes is the lack of large-scale interdisciplinary efforts to characterize CLBP based on a comprehensive set of biological, biomechanical, clinical, and psychosocial factors within each patient suffering from CLBP. We propose to use our novel Network Phenotyping Strategy (NPS) to overcome this barrier.

OBJECTIVES

- 1) We will use the NPS methodology to identify subpopulations associated with unique probability for continued opioid use within the CLBP patients.
- 2) We will then determine which variables contribute significantly towards the characteristic probabilities for opioid retention within these unique subpopulations.