Reduced complexity in stroke with motor deficit and the role of VNS therapy

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Background

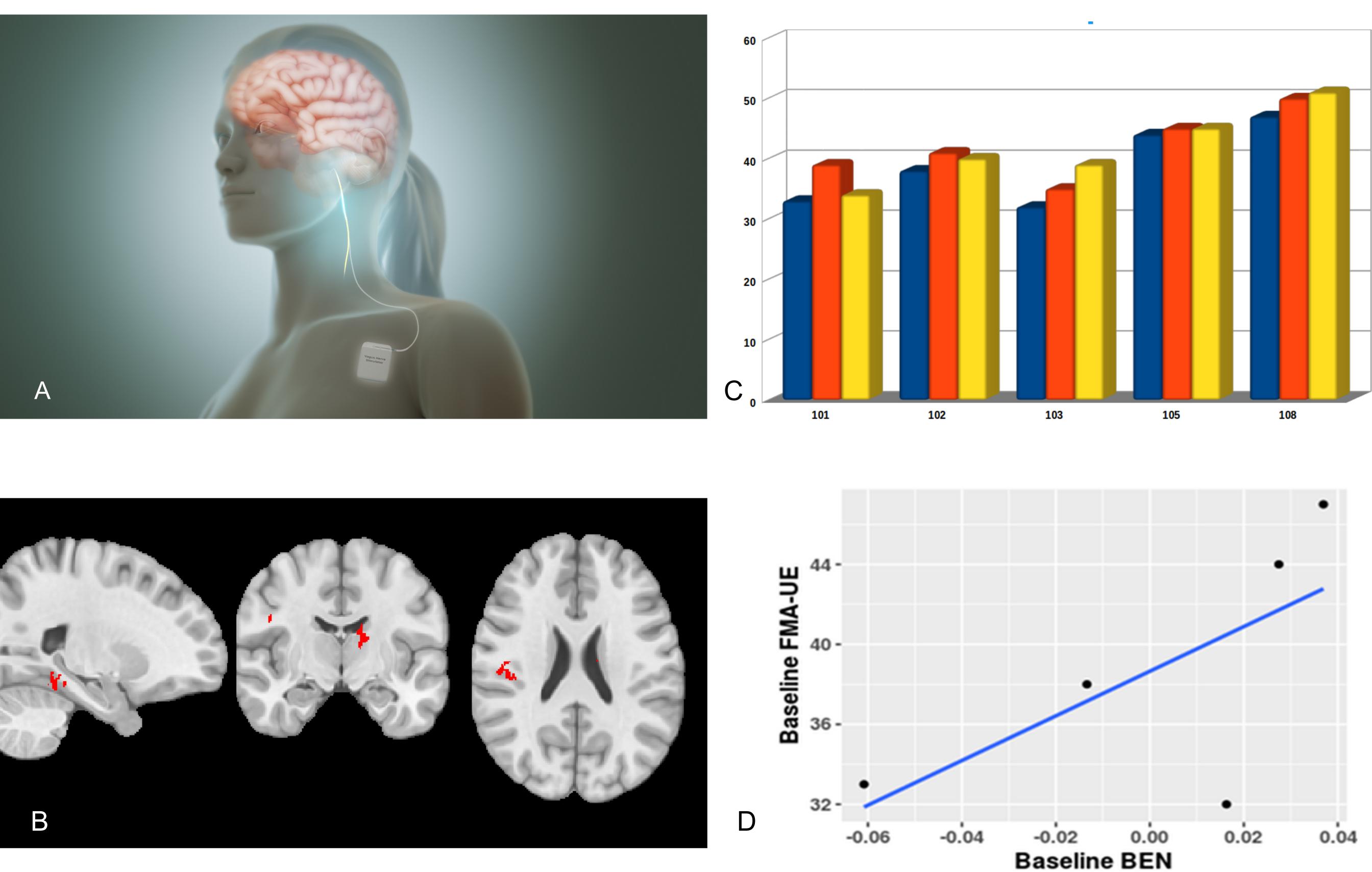
A pivotal phase III trial (VNS-REHAB, NCT03131960) is underway to evaluate efficacy of active vs. sham VNS during rehabilitation after stroke. However, the stroke population is heterogeneous; a functional magnetic resonance imaging (fMRI)-based metric of motor impairment may help identify patients with the best potential for recovery.

We aim to evaluate fMRI-based Brain Entropy Mapping (BEN) as an imaging correlate of upper limb motor impairment poststroke, defined by Fugl-Meyer **Assessment-Upper Extremity** (FMA-UE) score.

Design

Five stroke patients (3 sham, 2 VNS) were recruited (mean age 58.4/SD) along with 5 healthy controls (mean age 59.0/SD 3.9). Baseline structural and resting state fMRI were obtained for both groups. Volume of stroke lesions and BEN (SampEn; Wang et al., 2014) was calculated. FMA-UE was acquired in the stroke group at baseline and after 6 weeks of treatment.

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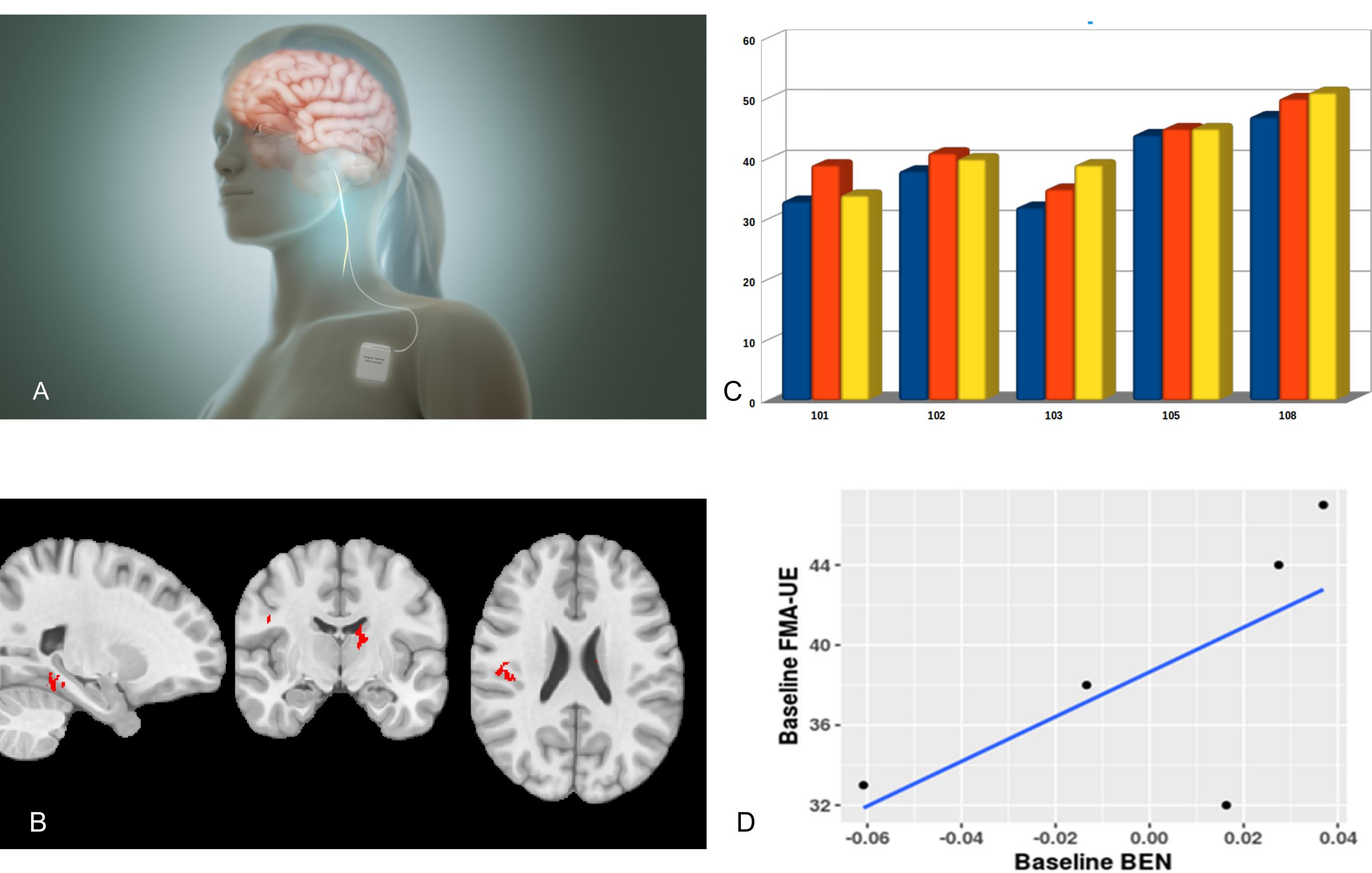


Figure A: Depiction of a vagal nerve stimulator (VNS) implant. B: Significant clusters with decreased entropy between stroke patients and controls. C: FMA-UE scores for the study participants at the different visits - 101&108 are in the active VNS group. D: Correlation between baseline BEN in the precentral gyrus cluster and baseline FMA-UE scores in the stroke patients (r=0.66).

References:

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Results

Baseline
Visit 5
Visit 6

Mean stroke lesion volume for participants was 5.2 ± 8.7cc. Compared to controls, stroke patients had decreased entropy in the contra-lateral motor cortex, ipsilateral caudate and para-hippocampal gyrus (largest effect size Cohen d=5.5, range: 2.3-8.7; t-test, 5000 permutations, clustercorrected p=0.048). Imaging (SampEN for right motor cortex cluster) and functional (FMA-UE) metrics of motor impairment were significantly correlated (r=0.66, pvalue=0.12). Participants randomized to active rather than sham VNS had a larger gain in FMA-UE after 6 weeks of rehabilitation (mean 12.2±8.3% vs. 3.3±4.0, respectively).

Conclusion

Brain entropy is a promising imaging metric of upper limb motor impairment in stroke; it is decreased in stroke patients and it shows association with FMA-UE scores. Longitudinal studies with larger sample size are required in order to assess its value in VNS therapy coupled with rehabilitation.