

## RELEVANCE OF PHYSICAL MEDICINE AND REHABILITATION IN PATIENTS WITH MULTIPLESCLEROSIS: LITERATURE REVIEW

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### OBJECTIVES

This article aims to conduct a literature review to discuss the relevance of physical medicine and rehabilitation in patients with multiple sclerosis.

### DESIGN

The study carried out was a narrative bibliographic search.

### RESULTS

Multiple sclerosis is a disease of the central nervous system considered to be demyelinating. The influence of rehabilitation on the clinical manifestations observed in people with multiple sclerosis has been studied in several studies.

### CONCLUSIONS

Therefore, when considering multiple sclerosis as a chronic disabling disease, the patient is faced with a universe of the state of becoming ill. As it is a chronic disease, one has to try to adapt to drug treatment and rehabilitation.

