

Sports Psychiatry: Opportunities for Growth Through Further Connection to Consultation-Liaison Psychiatry Training and Practice Models

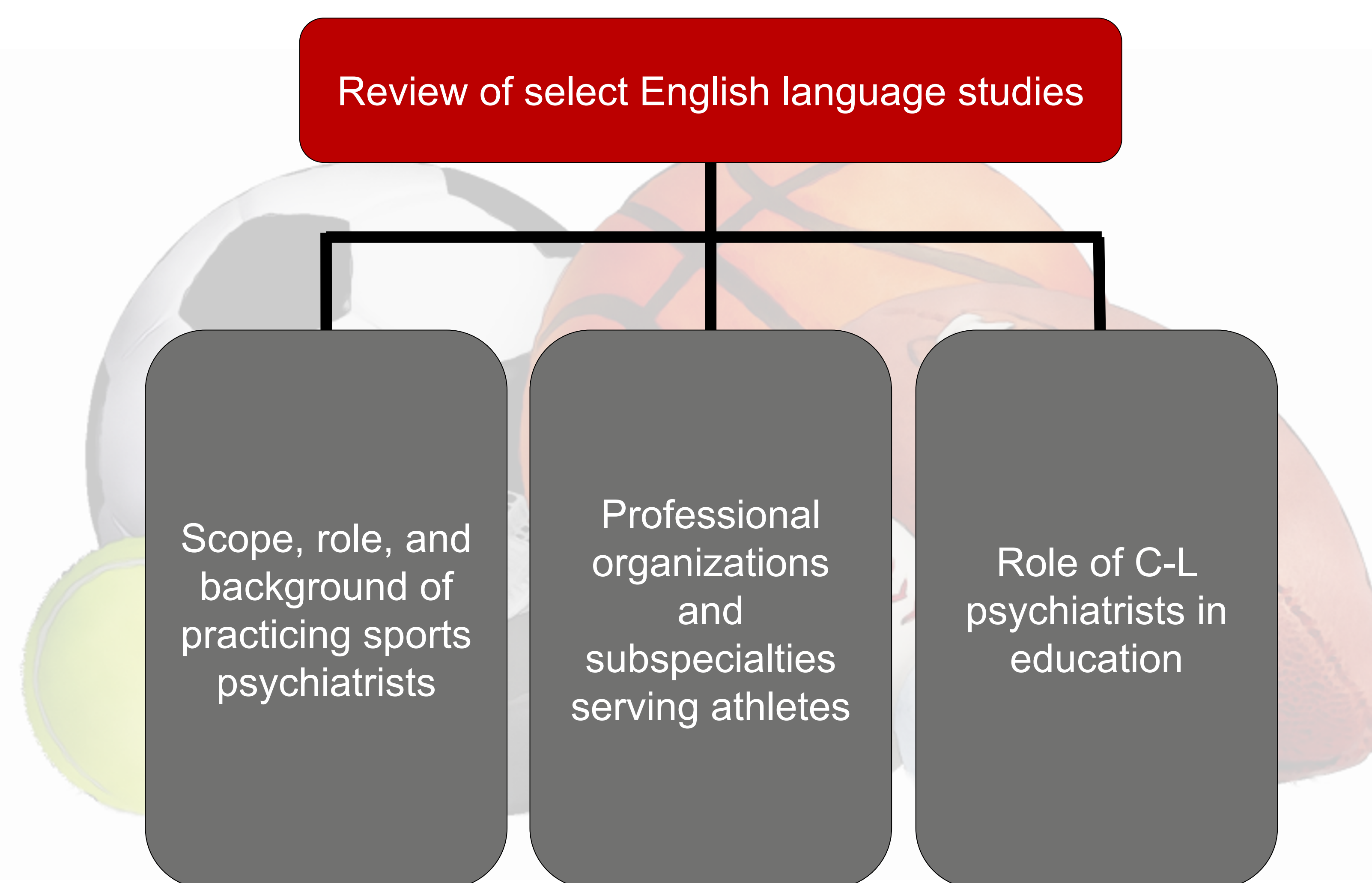
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Background

- **Sports psychiatry is a global and developing field** that encompasses competencies from multiple psychiatric subspecialties including addiction medicine, child and adolescent psychiatry, neuropsychiatry, sleep medicine, and consultation-liaison psychiatry.
- Often attached to ambulatory sports medicine settings, **this diverse yet often disconnected group of practicing clinicians could benefit from further organization** and connection to a consistent, versatile, and medically focused model of training and workforce development.
- With the increasing focus on integrated care in consultation-liaison training, **further connection to the consultation-liaison psychiatry subspecialty** could further unify and support the growth of sports psychiatry.

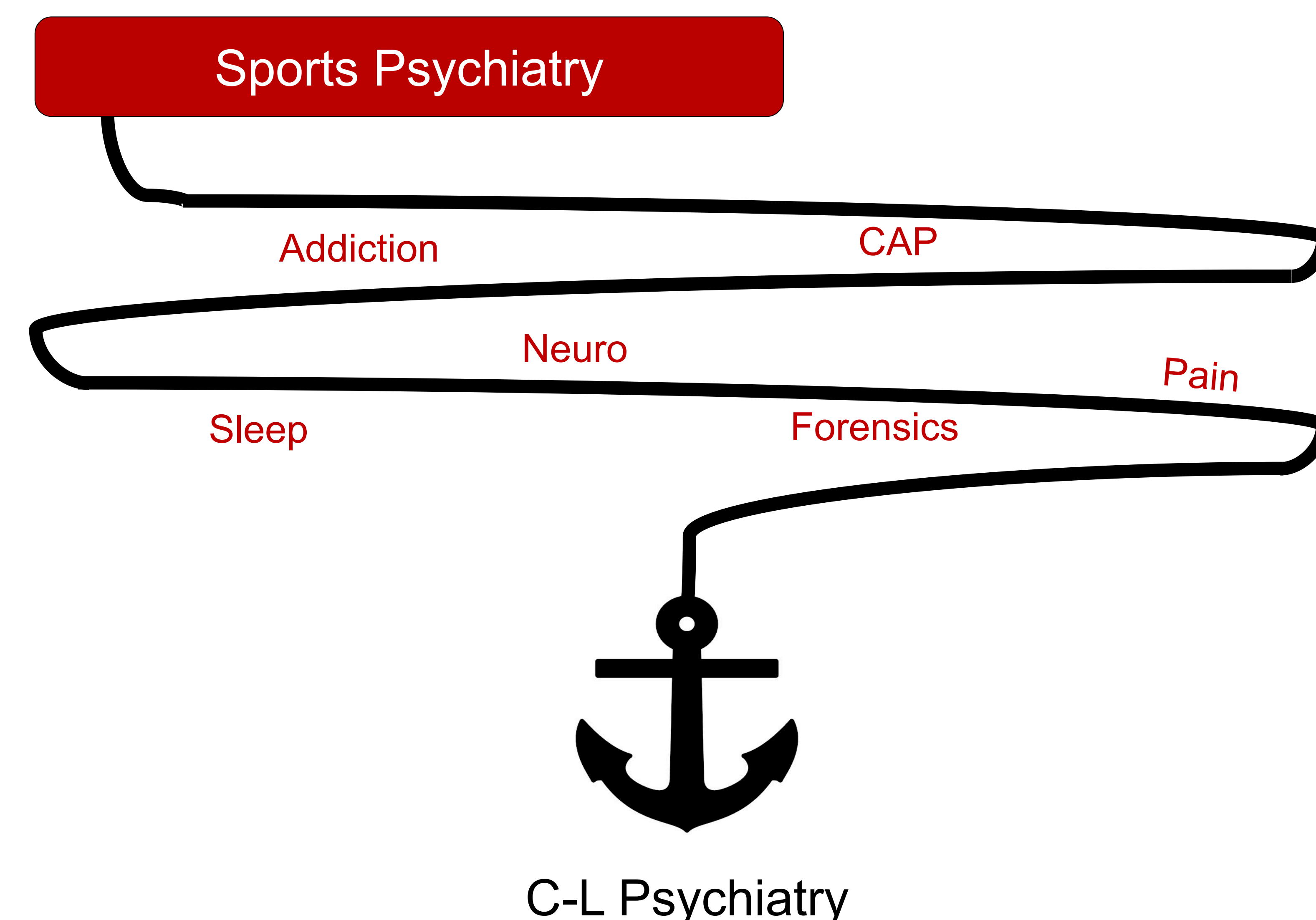
Methods



Results

Clinical Scope of Practice for Sports Psychiatrists

Mood Disorders	Personality Disorders
Substance Abuse	Traumatic Brain Injury
Eating Disorders	PTSD
Thought Disorders	Suicide



C-L psychiatry in uniquely suited to serve as a subspecialty anchor and educational home of this rapidly expanding field.

Interested in joining an ACLP SIG dedicated to sports psychiatry? Email Joshua.Norman@osumc.edu

Discussion & SIG Goals

- Sport psychiatrists come from a wide variety of backgrounds and practice in diverse settings, and **many are trained in C-L psychiatry and even more practice using liaison referral models similar to approaches often utilized by C-L psychiatrists.**
- C-L is rapidly expanding into integrated ambulatory care models, and further collaboration with sports psychiatry would offer new training and educational opportunities during the application of subspecialty knowledge to the care of athletes.
- C-L psychiatrists have the potential to offer a dynamic and need-based approach to treating athletes of all backgrounds, and the established base of C-L clinicians who treat athletes is the ideal base for a growing relationship and future collaboration.
- An initial step to establishing this connection includes the **formation of an ACLP Special Interest Group (SIG)**. This would allow for the networking and collaboration necessary to continue the educational mission of both fields in a way that intersects and enhances treatment of athletes.

Goals of the SIG

1. Translate emerging trends from the fields of sports and wellness to promote the health and rehabilitation of individuals with chronic medical illness
2. Foster discussion, integrated care, and interprofessional collaboration on topics and projects related to sports psychiatry
3. Raise awareness of mental health problems and advocate for the specialized treatment of athletes and active individuals at all levels
4. Provide opportunities for members to network and increase program recognition/national reputation

References

1. Baron, David, and Thomas Wenzel. "Sport Psychiatry: Aspects of a Developing Field." *Advances in Psychiatry*. Springer, Cham, 2019. 157-168.
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3. Ho, Patrick A., et al. "Advancing the mission of consultation-liaison psychiatry through innovation in teaching." *Psychosomatics* 60.6 (2019): 539-548.
4. Markser, Valentin Z. "Sport psychiatry and psychotherapy. Mental strains and disorders in professional sports. Challenge and answer to societal changes." *European archives of psychiatry and clinical neuroscience* 261.2 (2011): 182-185.