

AN ANALYSIS OF THE IMPLICATIONS OF COVID-19 ON THE MENTAL HEALTH OF POPULATION IN SOCIAL VULNERABILITY IN BRAZIL

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BACKGROUND

In Brazil, COVID-19 has shown a high mortality rate, being the most significant cause of deaths by disease in 2021. The first confirmed case in this country was on February 26, 2020, in São Paulo. The COVID-19 pandemic has brought up that the mainly affected people are the most socially vulnerable, which increases their risk of contamination. Several factors can be pointed, such as increasing the susceptibility to depression, anxiety, insomnia, harmful use of alcohol, as well as the generation of possible cognitive impairments.

METHODS

This work focused on identifying and analyzing the main impacts of the COVID-19 pandemic brought to the mental health of people in social vulnerability in Brazil."

RESULTS

There were obstacles establishing prevention and protection measures, such as inadequate housing conditions and poor sanitation, elderly people, individuals with any underlying medical conditions, ethnicity and cultural issues are the most cited and enhanced causes. Second, decreased income and geographic distribution contributed to the negative impact on the population's mental health, followed by gender and decreased education levels. The least cited factors were civil status and patient exposure to COVID-19. It is also known that people behave differently, and many reasons can damage an individual's mental health.

CONCLUSION

As a result, the search for reasons that can aggravate mental health in vulnerable people is an important arsenal for public interventions focused on monitoring people's mental health in social vulnerability situations, considering that they are the most affected in this global health crisis.



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